

Bar/Bat Mitzvah Action Plan Questions

an exercise in imagining

In your imagination experience yourself being in each one of the Bar/t Mitzvah three stages, Training, Ceremony, and Celebration (TCC). Try to answer the following series of questions for each TCC stage as if it is happening right now. Your answers reflect your personal preferences, therefore there are no right or wrong answers. You may have no preference or answer to some of the question. In that case write pass. Have fun...

1a. What do I want to feel during the...?

1b. What do I want someone else/others _____ to feel during the...?

2a. What do I want to learn, or become aware of during the...?

2b. What do I want someone else/others _____ to learn, or become aware of during the...?

3a. Do I want to have God and/or Spirit be part of the... and how?

3b. Do I want others to have God and/or Spirit during the... and how?

4. What kind of physical things may I need in order to have a good...?

DRAW A TWO MINUTE SCETCH OF ANYTHING THAT MAY REPRESENT YOU OR YOUR EXPERIENCE DURING THIS TIME